

## VITAMIN E TOCOPHEROL

Profile Details | 1 Parameters

Fasting: Overnight fasting for 9-12 hours | Report Time: Within 7 Days



**Specimen Required:** Blood

**Price- ₹7500 ₹4190**

### Parameters Included

#### About This Test

A \*\*Vitamin E test\*\* measures the level of vitamin E (alpha-tocopherol) in the blood. This test helps assess the body's vitamin E status, which is crucial for maintaining healthy skin, eyes, and a strong immune system. \*\*Key Points:\*\* - \*\*Purpose:\*\* Evaluates the concentration of vitamin E in the blood to determine if there is a deficiency or excess. - \*\*Clinical Relevance:\*\* Vitamin E is an antioxidant that helps protect cells from damage caused by free radicals. Adequate levels are essential for neurological function and protection against oxidative stress. - \*\*Diagnostic Use:\*\* This test is used to diagnose vitamin E deficiency, which can occur in conditions like malabsorption syndromes (e.g., Crohn's disease, cystic fibrosis), or in individuals with poor dietary intake. It can also detect vitamin E toxicity due to excessive supplementation. - \*\*Interpretation:\*\* Low levels of vitamin E may indicate dietary deficiency, fat malabsorption, or certain genetic disorders. High levels could suggest over-supplementation which may lead to health issues like increased bleeding risk. Monitoring vitamin E levels helps in managing and preventing related health conditions effectively.



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\*Fasting 10-12 hrs essential | \*Limited Period Offer | \*Reports within Within 7 Days

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