VITAMIN E TOCOPHEROL

Profile Details | 1 Parameters

Fasting: Overnight fasting for 9-12 hours | Report Time: Within 7 Days

Specimen Required: Blood

Price- ~~₹7500~~ **₹4190**

Parameters Included

About This Test

A **Vitamin E test** measures the level of vitamin E (alpha-tocopherol) in the blood. This test helps assess the body's vitamin E status, which is crucial for maintaining healthy skin, eyes, and a strong immune system. **Key Points:** - **Purpose:** Evaluates the concentration of vitamin E in the blood to determine if there is a deficiency excess. - **Clinical Relevance:** Vitamin E is an antioxidant that helps protect cells from damage caused by free radicals. Adequate levels are essential for neurological function and protection against oxidative stress. - **Diagnostic Use:** This test is used to diagnose vitamin E deficiency, which can occur in conditions like malabsorption syndromes (e.g., Crohn's disease, cystic fibrosis), or in individuals with poor dietary intake. It can also detect vitamin E toxicity due to excessive supplementation. - **Interpretation:** Low levels of vitamin E may indicate dietary deficiency, fat malabsorption, or certain genetic disorders. High levels could suggest over-supplementation which may lead to health issues like increased bleeding risk. Monitoring vitamin E levels helps in managing and preventing related health conditions effectively.

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**Fasting 10–12 hrs essential | *Limited Period Offer | *Reports within Within 7 Days*

For appointments and queries: **82733 39996** | www.thexpertlab.com