VITAMIN C

Profile Details | 1 Parameters

Fasting: Fasting is not mandatory | Report Time: Within 7 Days

Specimen Required: Blood

Price- ~~₹7500~~ **₹3950**

Parameters Included

About This Test

Vitamin C, or ascorbic acid, is an essential nutrient crucial for the growth, development, and repair of body tissues. It supports immune function, collagen production, iron absorption, wound healing, and maintenance of cartilage, bones, and teeth. As an antioxidant, it helps protect cells from damage caused by free radicals. Humans cannot synthesize vitamin C, so it must be obtained from dietary sources like fruits and vegetables, particularly citrus fruits, strawberries, bell peppers, and leafy greens.

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**Fasting 10–12 hrs essential | *Limited Period Offer | *Reports within Within 7 Days*

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