

# SODIUM URINE SPOT

Profile Details | 1 Parameters

Fasting: Fasting is not mandatory | Report Time: Same Days



**Specimen Required:** Urine

Price- ₹300 **₹160**

## Parameters Included

### About This Test

A sodium urine spot test measures the concentration of sodium in a single urine sample. This test provides insights into the body's sodium balance and kidney function. Here are the key aspects of what a sodium urine spot test measures: 1. **Sodium Concentration**: It quantifies the amount of sodium in the urine, which helps assess how well the kidneys are excreting sodium. 2. **Fluid and Electrolyte Balance**: Sodium levels in urine can provide information about the body's overall fluid and electrolyte balance. It helps in understanding if there is a proper balance or an imbalance that might be related to various health conditions. 3. **Kidney Function**: Since the kidneys are responsible for regulating sodium levels, this test can indicate how well they are functioning. Abnormal sodium levels might suggest issues with kidney function or sodium retention/excretion. 4. **Diagnosis and Monitoring**: The test can aid in diagnosing and monitoring conditions such as: - **Hypertension**: Helps evaluate sodium handling in cases of high blood pressure. - **Heart Failure**: Assists in managing sodium levels in patients with heart failure. - **Kidney Disorders**: Helps assess kidney function in various disorders. - **Dehydration or Overhydration**: Provides information on hydration status. In summary, a sodium urine spot test measures the concentration of sodium in a urine sample, helping assess kidney function, fluid balance, and various health conditions.



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*\*Fasting 10-12 hrs essential | \*Limited Period Offer | \*Reports within Same Days*

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