SERUM SELENIUM

Profile Details | 1 Parameters

Fasting: Overnight fasting for 9-12 hours | Report Time: Within 4 Days

Specimen Required: Blood

Price- ~~₹8000~~ **₹3895**

Parameters Included

About This Test

A **serum selenium** test measures the concentration of selenium in the blood serum. Selenium is a trace element essential for various bodily functions. Here's what the test assesses: 1. **Selenium Levels**: Determines the amount of selenium in the blood, which is crucial for proper functioning of the body. 2. **Nutritional Status**: Helps assess dietary selenium intake and nutritional status. Selenium is important for antioxidant defense and immune function. 3. **Assessment of Deficiency or Toxicity**: - **Deficiency**: Low levels of selenium can indicate a deficiency, which may lead to health issues like weakened immune response, thyroid dysfunction, or increased risk o certain diseases. - **Toxicity**: Extremely high levels of selenium can indicate toxicity, which can cause symptoms like gastrointestinal disturbances, hair loss, and neurological problems. 4. **Monitoring of Health Conditions**: Used to monitor selenium status in individuals with certain health conditions or those receiving selenium supplements. In summary, the serum selenium test measures the level of selenium in the blood to evaluate nutritional status, assess deficiency or toxicity, and monitor health conditions related to selenium.

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**Fasting 10–12 hrs essential | *Limited Period Offer | *Reports within Within 4 Days*

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