

# Lipoprotein-A. LPA

Profile Details | 1 Parameters

Fasting: Fasting not required | Report Time: Within 2 days



**Specimen Required:** Blood

**Price-** ₹1500 **₹799**

## Parameters Included

### About This Test

Lipoprotein(a) [Lp(a)] is a type of lipoprotein particle composed of a cholesterol-rich LDL-like core and an additional protein called apolipoprotein(a). Lp(a) is synthesized in the liver and circulates in the bloodstream, where it plays a role in lipid transport and metabolism. Elevated levels of Lp(a) are genetically determined and can contribute to an increased risk of cardiovascular diseases, including coronary artery disease, stroke, and peripheral artery disease. Lp(a) levels are measured through blood tests and are influenced by genetic factors inherited from parents. It is considered a unique risk factor independent of traditional lipid markers such as LDL cholesterol. Research indicates that high Lp(a) levels may promote atherosclerosis by facilitating the deposition of cholesterol in arterial walls. Management of elevated Lp(a) levels typically involves lifestyle modifications (e.g., diet, exercise) and, in some cases, medication to reduce cardiovascular risk. Regular monitoring of Lp(a) levels is recommended for individuals with a family history of premature cardiovascular disease or those at higher risk.



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\*Fasting 10-12 hrs essential | \*Limited Period Offer | \*Reports within Within 2 days

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