

# KETONE BODY- BETA HYDROXY BUTYRATE ( BHB )

Profile Details | 1 Parameters

Fasting: Fasting is not mandatory | Report Time: Within 3 Days



**Specimen Required:** Blood

**Price- ₹3750 ₹2595**

## Parameters Included

### About This Test

A ketone body, beta-hydroxybutyrate, measures the concentration of beta-hydroxybutyrate in the blood. Beta-hydroxybutyrate is a key ketone produced during fat metabolism, particularly when carbohydrate intake is low, such as during fasting, prolonged exercise, or ketogenic diets. Elevated levels can indicate ketosis, a metabolic state where the body uses fat for energy instead of glucose. Monitoring beta-hydroxybutyrate levels is crucial for managing conditions like diabetes and ensuring safe practices in ketogenic diets or fasting.



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\*Fasting 10-12 hrs essential | \*Limited Period Offer | \*Reports within Within 3 Days

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