HDL CHOLESTEROL -

Profile Details | 1 Parameters

Fasting: Overnight fasting for 9-12 hours | Report Time: Same Day

Specimen Required: Blood

Price- ~~₹390~~ **₹180**

Parameters Included

About This Test

High-Density Lipoprotein (HDL) cholesterol measures the level of HDL in the blood. HDL is often referred to as "good" cholesterol because it helps remove excess cholesterol from the bloodstream and transports it to the liver for excretion. Higher HDL levels are associated with a lower risk of cardiovascular disease, as it aids in preventing the buildup of plaque in the arteries. Monitoring HDL cholesterol levels helps assess cardiovascular health and guide prevention strategies.

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**Fasting 10–12 hrs essential | *Limited Period Offer | *Reports within Same Day*