

# SERUM FOLIC ACID-FOLATE ( VITAMIN B9 )

Profile Details | 1 Parameters

Fasting: Fasting is not mandatory | Report Time: Same day



**Specimen Required:** Blood

Price- ₹999 **₹499**

## Parameters Included

### About This Test

Folic acid, also known as vitamin B9, is crucial for the body's cellular functions, especially for DNA synthesis and repair. It is particularly important during periods of rapid growth, such as pregnancy and fetal development, to prevent neural tube defects. Folic acid is found in foods like leafy greens, citrus fruits, beans, and fortified cereals. Adults typically need about 400 micrograms per day, while pregnant women require more. A deficiency in folic acid can lead to anemia and other health issues. Conversely, excessive intake may mask symptoms of vitamin B12 deficiency. Therefore, maintaining the right balance through diet or supplements is essential for overall health and well-being.



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*\*Fasting 10-12 hrs essential | \*Limited Period Offer | \*Reports within Same day*

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