

# HEART CARE PROFILE- ESSENTIAL

Profile Details | 12 Parameters

Fasting: overnight fasting for 9-12 hours | Report Time: SAME DAY



**Specimen Required:** Blood, Stool

Price- ₹3800 **₹1999**

## Parameters Included

- CBC
- TFT-Thyroid Profile
- LFT- Liver Function Test
- KFT-Kidney Function Test
- LIPID Profile
- HbA1c ( Glycated hemoglobin )
- Urine R/M or Urine Analysis
- ESR - Erythrocyte Sedimentation Rate
- FBS- Fasting Blood Sugar
- HsCRP
- CPK-MB
- Homocysteine

## About This Test

A Heart Care Essential Profile is a vital assessment designed to evaluate cardiovascular health and identify risk factors for heart disease. This profile typically includes several key components: 1. **Lipid Panel**: Measures cholesterol levels (total cholesterol, LDL, HDL, and triglycerides) to assess lipid metabolism and cardiovascular risk. 2. **Blood Pressure**: Monitors the force of blood against artery walls, helping identify hypertension, a significant risk factor for heart disease. 3. **Blood Glucose Levels**: Evaluates glucose metabolism and helps identify diabetes or prediabetes, which are associated with increased cardiovascular risk. 4. **Body Mass Index (BMI)**: Assesses weight in relation to height to determine obesity levels, which can impact heart health. 5. **Inflammatory Markers**: Tests like High Sensitivity C-reactive protein (HsCRP) can indicate inflammation related to cardiovascular disease. 6. **Lifestyle Factors**: Information about smoking, diet, and physical activity is often collected. Together, these measurements provide a comprehensive view of heart health, guiding prevention and treatment strategies.



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*\*Fasting 10-12 hrs essential | \*Limited Period Offer | \*Reports within SAME DAY*

For appointments and queries: **82733 39996** | [www.thexpertlab.com](http://www.thexpertlab.com)