

# BASIC FATIGUE PANEL

Profile Details | 10 Parameters

Fasting: overnight fasting for 9-12 hours | Report Time: SAME DAY



**Specimen Required:** Blood

Price- ₹3500 **₹1699**

## Parameters Included

- CBC
- TFT-Thyroid Profile
- HbA1c ( Glycated hemoglobin )
- VITAMIN D3 Test /VITAMIN D25 OH Test
- VITAMIN B12
- IRON PROFILE-ANAEMIA
- ESR - Erythrocyte Sedimentation Rate
- FBS- Fasting Blood Sugar
- CRP, C-Reactive Protein
- Cortisol Morning

## About This Test

A Fatigue Panel is a collection of diagnostic tests designed to identify the underlying causes of chronic tiredness or fatigue. Fatigue can be caused by a wide range of factors, including nutritional deficiencies, hormonal imbalances, infections, autoimmune diseases, and chronic health conditions. This panel of tests helps doctors pinpoint the specific cause and tailor appropriate treatment plans. Common tests included in a Fatigue Panel may involve checking for **anemia** (via Complete Blood Count or CBC), which can lead to feelings of tiredness due to low red blood cell count. **Thyroid function tests** (such as TSH, T3, and T4 levels) are crucial, as hypothyroidism can often cause fatigue. **Vitamin and mineral levels** (such as Vitamin B12, Vitamin D, and iron) are also measured, as deficiencies in these can result in low energy levels. Tests for **autoimmune diseases**, like **Antinuclear Antibody (ANA)** or **C-reactive Protein (CRP)**, help identify conditions that can cause inflammation and fatigue, such as lupus or rheumatoid arthritis. Additionally, **blood sugar tests** (like fasting glucose or HbA1c) help rule out diabetes as a potential cause. By combining these tests, a Fatigue Panel provides a comprehensive view of potential health issues contributing to fatigue, enabling doctors to develop a targeted treatment plan.



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*\*Fasting 10-12 hrs essential | \*Limited Period Offer | \*Reports within SAME DAY*

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