

ALLERGY- FOOD (VEGETARIAN ONLY)

Profile Details | 1 Parameters

Fasting: Fasting is not mandatory | Report Time: Within 5 Days



Specimen Required: Blood

Price- ₹4300 **₹3249**

Parameters Included

About This Test

A vegetarian allergy refers to an allergic reaction triggered by specific plant-based foods or ingredients commonly consumed in a vegetarian diet. These allergies can involve various food groups such as legumes (including soybeans and peanuts), nuts, seeds, grains, fruits, and vegetables. Symptoms of vegetarian food allergies can range from mild (such as itching, hives, and digestive issues) to severe (including anaphylaxis). Diagnosing and managing these allergies typically involves identifying and avoiding the offending foods, and in some cases, carrying emergency medications like antihistamines or epinephrine. It is important for individuals with vegetarian allergies to read food labels carefully and be aware of potential cross-contamination in food preparation areas.



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**Fasting 10-12 hrs essential | *Limited Period Offer | *Reports within Within 5 Days*

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