

FATIGUE ASSESSMENT AND SLEEP PACKAGE

Profile Details | 14 Parameters

Fasting: overnight fasting for 9-12 hours | Report Time: SAME DAY



Specimen Required: Blood, Urine

Price- ₹6000 **₹2699**

Parameters Included

- CBC
- TFT-Thyroid Profile
- LFT- Liver Function Test
- KFT-Kidney Function Test
- LIPID Profile
- HbA1c (Glycated hemoglobin)
- Urine R/M or Urine Analysis
- VITAMIN D3 Test /VITAMIN D25 OH Test
- VITAMIN B12
- IRON PROFILE-ANAEMIA
- ESR - Erythrocyte Sedimentation Rate
- FBS- Fasting Blood Sugar
- CRP, C-Reactive Protein
- Cortisol Morning

About This Test

A Complete Fatigue Panel is a set of diagnostic tests designed to identify the underlying causes of chronic fatigue or tiredness. Fatigue can result from a variety of conditions, and a comprehensive panel helps healthcare providers pinpoint the specific issue. The panel typically includes several tests that evaluate multiple aspects of health, such as blood counts, hormone levels, and organ function. One of the primary tests included in the panel is the Complete Blood Count (CBC), which helps identify conditions like anemia. Low red blood cell counts or iron deficiencies can lead to feelings of fatigue. Additionally, **Thyroid Function Tests** (TSH, T3, T4) are important, as hypothyroidism (an underactive thyroid) is a common cause of fatigue due to hormonal imbalances. Vitamin and mineral deficiencies are also commonly linked to tiredness. Tests for **Vitamin B12**, **Vitamin D**, and **iron levels** (via ferritin) are included to assess whether deficiencies are contributing to the fatigue. **C-reactive protein (CRP)** and **Erythrocyte Sedimentation Rate (ESR)** tests are used to detect inflammation in the body, which could indicate autoimmune disorders, infections, or chronic conditions such as rheumatoid arthritis or lupus that can cause fatigue. Blood sugar tests (fasting glucose or HbA1c) are included to screen for diabetes, as high or fluctuating blood sugar levels can lead to tiredness. In some panels, **liver and kidney function tests** may also be included to assess organ health, as poor liver or kidney function can lead to feelings of fatigue. Overall, the Complete Fatigue Panel helps doctors identify the root cause of chronic tiredness, ensuring the right treatment plan can be developed.



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Door-to-Door Pickup



Expert Doctors
Across India



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Trusted & Reliable

**Fasting 10-12 hrs essential | *Limited Period Offer | *Reports within SAME DAY*

For appointments and queries: **82733 39996** | www.thexpertlab.com